



# Who we are and what we do !



We are dedicated to investing in the women and girls of Cornwall. INVEST

IMPROVE

**INSPIRE** 

Working together our members are forming a movement for good, investing their time, skills and money in this fund to improve lives and inspire women and girls to live their best lives.

Our grants are given to organisations whose main beneficiaries are women and girls and we strive to take every opportunity to share our stories, skills and knowledge with each other and the women we seek to support.

# About us

- Launched January 2020
- 5 Founding members
- Monthly or annual gifts
- One off gifts/fundraising/legacies
- Fund managed by Cornwall Community Foundation
- Make grants annually
- Events :
  - Spring International Womens Day issue focused
  - o Summer social
  - Autumn Impact hear from those we have supported









INVEST IMPROVE INSPIRE

# Two strands to what we seek to achieve

### Our beneficiaries

Fund projects working with women and girls	
Research evidence-based grants	
Members choose focus	]
Inspire women and girls - see it to be it	<u> </u>

### Our members

#### Network

Develop informed giving

Give as a community making a greater impact

nspire each other

# **Our research**

- In 2021 we worked with a group of researchers from Oxford University to understand levels of need across Cornwall and Isles of Scilly.
- We aimed to identify the areas where CWF donations could make the biggest impact.
- Researchers consolidated existing research (which was very limited) and listened to women from across the county.
- Members voted on our focus for 2022 and 2023/2024
- In 2025 we are 5 years old and to celebrate will be making a special award of £5,000

#### Women's Mental Health

- Demand for services is high and on the rise.
- Cornwall has a low score in accessing perinatal mental health services.

#### Tackling poverty in a women's context

- Single and/or young mothers are more vulnerable to poverty.
- Supporting Cornish women in getting and maintaining employment is vital

#### Tackling Domestic violence in the community

- The main problem in gender inequality.
- Demand for support is high.

#### The digital divide

- Inequality in the availability, accessibility and use of digital technology was highlighted as a contributing factor for these areas of need.
- We need to close the gender gap.

# We have supported projects which

- Develop parenting skills
- Build confidence and self esteem
- Train in STEM skills
- Support peri-natal mental health
- Develop employability skills
- Improve diversity in volunteer and trustee representation





# Our Fund has ...

- 30 40 members
- Given over £50,000 in grants
- Directly affected the lives of over 200 women and girls and indirectly their families and colleagues
- Shared with members the impact we are having together – giving as a community of like-minded people

""The CWF funding is a great help to support women back into employability. This will enable us to deliver volunteering workshops, employability support and ongoing mentoring to support women in the Bodmin community. We welcome the recognition of this need and know what a difference this help will make." Adie Dove, Founder KBSK



International Women's Day 2023 #Embracingequity at Newquay Orchard

# Women tell us ...

'Before the break I was given by Scary Little Girls I was stuck on Universal Credit, with my brain and skills going nowhere. With their support and the opportunities this project afforded me to grow my confidence and CV, to gain experience and apply that to the job market, I wouldn't have got the job that I love now.



"Thanks to Cornwall Women's Fund we can offer scholarships to girls on our woodworking and carpentry after-school classes. Being able to offer scholarships is so important to what we do as it takes away barriers to education. "My daughter has thrived from being part of this. She's grown so much as a person and has helped with her confidence in every way possible. After such a hard year for them, seeing them be able to perform together and shine as a group has been brilliant. Thank you"

INVEST

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# We want to ...

- Increase our membership to have greater impact
- Reach more women and girls with inspiring stories
- Reach more not for profit organisations who could benefit from our support
- Increase support from local business

<u>www.cornwallwomensfund.co.uk</u> admin@cornwallwomensfund.co.uk

# Would you ...

- Choose us as a WI listed speaker
- Share our information with your members
- Support one of our events and meet members
- Join as a member
- Make a one-off donation
- Join our Facebook group
- Follow us on Instagram

