

Food and Nutrition Training Programme

2022

Do you work within the Bradford and Airedale area and provide food and nutrition advice as part of your role?

Do you want to update your nutrition knowledge and be able to give correct advice?

You may be interested in attending the following **FREE** training offered by the Bradford Nutrition Improvement Dietitians Team.

To book onto a course contact Sue Bradley on (01274) 365387 or complete the booking form (overleaf)

Course	Date	Time	Location
Nutrition Through Life Stages			
Nutrition for 1-5 year olds	Tuesday 26th April	9:15am - 12:00pm	Online - Microsoft Teams
	Thursday 15th September	9:15am - 12:30pm	St Luke's Hospital
Nutrition for Primary School Children	Thursday 28th April	9:15am - 12:00pm	Online - Microsoft Teams
	Tuesday 11th October	9:15am - 12:30pm	St Luke's Hospital
Nutrition for Teenagers	Wednesday 4th May	9:15am - 12:00pm	Online - Microsoft Teams
	Tuesday 18th October	9:15am - 12:30pm	St Luke's Hospital
Nutrition for Older Adults	Wednesday 11th May	9:15am - 12:00pm	Online - Microsoft Teams
	Thursday 27th October	9:15am - 12:30pm	St Luke's Hospital
Eating Well for Adults (part 1)	Tuesday 17th May	9:15am - 12:00pm	Online - Microsoft Teams
	Tuesday 1st November	9:15am - 12:30pm	St Luke's Hospital
Eating Well for Adults (part 2)	Wednesday 25th May	9:15am - 12:00pm	Online - Microsoft Teams
	Tuesday 8th November	9:15am - 12:30pm	St Luke's Hospital
Nutrition Awareness			
Diet & Culture	Thursday 26th May	9:15am - 12:00pm	Online - Microsoft Teams
	Wednesday 23rd November	9:15am - 12:00pm	Online - Microsoft Teams
5 A Day (How to eat a rainbow)	Wednesday 8th June	9:15am - 12:00pm	Online - Microsoft Teams
	Tuesday 29th November	9:15am - 12:30pm	St Luke's Hospital
Eating Well on A Budget	Thursday 16th June	9:15am - 12:00pm	Online - Microsoft Teams
	Thursday 1st December	9:15am - 12:30pm	St Luke's Hospital
Nutrition & Health Conditions			
First Line Adult Weight Management	Wednesday 27th July	9:15am - 12:00pm	Online - Microsoft Teams
	Wednesday 16th November	9:15am - 12:30pm	St Luke's Hospital
Managing Poor Appetite in Adults	Wednesday 1st June	9:15am - 12:30pm	St Luke's Hospital
	Wednesday 7th September	9:15am - 12:00pm	Online - Microsoft Teams
Nutrition & Coronary Heart Disease	Wednesday 22nd June	9:15am - 12:30pm	St Luke's Hospital
	Wednesday 14th September	9:15am - 12:00pm	Online - Microsoft Teams
Eating Well for Men's Health	Thursday 7th July	9:15am - 12:30pm	St Luke's Hospital
	Wednesday 21st September	9:15am - 12:00pm	Online - Microsoft Teams
Diet & Menopause	Thursday 28th July	9:15am - 12:00pm	Online - Microsoft Teams
	Thursday 6th October	9:15am - 12:30pm	St Luke's Hospital
Vitamin D	Tuesday 10th May	9:15am - 12:00pm	Online - Microsoft Teams
	Thursday 29th September	9:15am - 12:00pm	Online - Microsoft Teams
Iodine and Folic Acid: What you need to know New!	Wednesday 28th September	9:15am - 12:00pm	Online - Microsoft Teams
	Tuesday 6th December	9:15am - 12:30pm	St Luke's Hospital

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Booking Form

To book a place on any of our courses, please complete this form and email to:

Dietitians.Office@bthft.nhs.uk

Please note a letter of confirmation will be sent out to confirm your place on the course(s).

Course Title	
Preferred Date and Venue	
Name	
Job Role	
Address	
Postcode	
Telephone number	
Mobile number	
Email address	
Managers name	
Managers email	

Please note:

The face to face sessions run from 9.30am —12.30pm with registration from 9.15am.

Online sessions are from 9:30am —12:00pm with registration from 9:15am

If you are unable to attend a course that you have booked on, please contact Sue Bradley on 01274 365387 at least 48 hours before the course.