When I was a child, there were two occasions during the year when my parents would take me to the cinema. Christmas was one of them. Sitting in my seat, and seeing the whole of Greenham's usually managed to hold back without searching out the presents, but I know I did occasionally fill the wrapping paper and take a sneaky look. Of course, I always felt worse for giving in to the temptation and had to endure the guilt of tarnishing the special day.

All my life, I have been learning to be patient. It continues to be a struggle. If you have bought a house, you may know what I mean. The solicitors seem to take forever completing their searches and preparing contracts. If you had an appointment, it seems to be cancelled or postponed at the last minute sometimes. Even the recently booked holiday can't come round quickly enough. Last August, I was invited to lead a project setting up a social supermarket. The idea was to provide a place where people, who are struggling financially, can see how expanding is open in May! A whole winter has gone by when we could have helped people struggling with the cost of living. My patience was truly tested. However, in many ways the delay has been helpful to me. I have had time to prepare the policies, recruit the volunteers, and learn from those who have done work in other parts of the Wayfaring Partnership. Taken. I am sure that, if my dreams and dreams were always fulfilled instantly, I would be worse for it.

Over the years I have been asked to realise that the great things are worth the wait and that patience is a virtue. They are not characteristics I am naturally abundant blessed. They focus on the past, which is about helping others rather than seeking personal pleasure or satisfaction.

In the New Testament, St Paul writes an incredibly beautiful description of love. The very first quality he draws upon to describe this love is patience. He then emphasises that love is about looking to the needs of others and being our wave off ourselves. Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonour others, it is not self-seeking. During my childhood, when my attention was very definitely focused on myself, in the background the Beatles were singing a song 'All you need is love, love is all you need'. I didn't learn it then, I hope I'm learning it now.

1 Corinthians 13 verses 4 and 5

Events
Contraception preparation
Letting Lives
Adult learning: Access Universal Credit
Adult learning: Learn WordPress
Adult learning: Become a self-employed driver
Buggy Walks
Community Fitness
Jolly Joggers
Women's Circle
Wellness Wednesday
The WELP Hub
Gaywood Community Centre
Daylesford Easter Fayre
Anchor Project Support
Assessment Hubs Support

Cost of Living
Energy Advice Sessions
Cost of Living & Wellbeing Event
Hospitality Vouchers & support
Food with Dignity

Volunteering
Further Tuck at GEAR

Funding
Norfolk Community Foundation

EVENTS

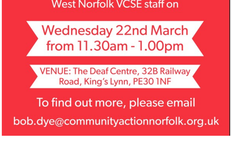
The Coronation of His Majesty King Charles III and Her Majesty The Queen Consort

The coronation of the 40 crowned and anointed monarch including celebrations of his wife, Queen Elizabeth, the Queen Mother, Queen Victoria and Queen Anne, the last monarch to reign before the Hanoverian succession. The coronation of King Charles III and Queen Camilla is the 40th coronation of Westminster, and only the fourth coronation of a king and queen consort since the Hanoverian succession in 1714.

The Late Queen Elizabeth, the wife and consort of Norfolk, the last non-royal queen regnant to endorse, she was the first British monarch to be crowned in Westminster Abbey since the coronation of her father, King George VI, which ended the 1937 coronation.

National Insurance of Funeral – update including Helpful information

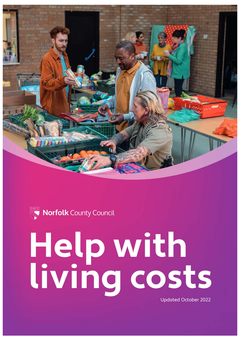
Funeral Expenses Payment is a benefit that helps people on low income to pay for Basic The Special Funeral Fund offers a Bereavement Allowance, the new Bereavement Support Payment, Funeral Expenses Payment, Funeral Support Payment, Funeral Support Payment, Funeral Expenses Payment, Funeral Support Payment, Funeral Support Payment, Funeral Support



Cost of Living & Wellbeing Event

Seetec Pluss are holding a free Cost of Living & Wellbeing Event on Friday 24th March (10am – 1pm) in King's Lynn, in partnership with the Lily team, at the Seetec office. They are looking to showcase the support available in Norfolk for people who are feeling the pinch and struggling with the rise of the cost of living. All participants on their Restart Scheme are on low incomes and they want to get them engaging with local support services that can help.

For support email hsf@west-norfolk.gov.uk



This remains possibly the most comprehensive list of support for those living in West Norfolk.

Open the leaflet

VOLUNTEERING

the purfleet trust
supporting homeless people

Good afternoon,

I hope you are all keeping well. Just wanted to get in touch about this years QEAR; we are once again a charity partner and very excited to be involved with such an iconic event in the Kings Lynn Calendar.

Some of you have already let me know you will be running this year and I have registered your details with Run For All, thank you.

For anyone that hasn't, if you would be interested in running could you please let me know and I can get you registered and send you a fundraising link.

We were very grateful last year to have 21 people running and fundraising as part of the Purfleet Pacers team and we would love to have even more this year.

Every penny raised will go towards the work of our Health and Wellbeing Centre where we provide a holistic range of services to support people experiencing homelessness in Kings Lynn.

Any questions please don't hesitate to get in touch.

Very best wishes,

Joy

Joy Wylie
Purfleet Trust
01553 767829

FUNDING

Norfolk Community Foundation

Latest Funding Newsletter

LET'S TALK...

I would love to hear from you to discuss any of the following things:

- How you are getting involved in your local community, and any good news stories about the difference this is making
- Events you are running, which welcome the local community
- If you would like me to visit your church, church meeting or group
- Anything you would find useful in future editions of this letter
- Just to say hello!

Andrew Frere-Smith
t: 07949 964932
e: andrew.frere-smith@dioceseofnorwich.org

Imagine Norfolk Together is a partnership between the Diocese of Norwich and the Church Urban Fund. We support local churches creating stronger communities through social action.

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