

TRANSFORMATION CORNWALL⁺

Strengthening Faith Based Social Action in Cornwall

Welcome to this e-update from Transformation Cornwall on 28th May 2020.

We have continued to be overwhelmed by the creativity and loving action from our Cornish churches, community organisations and people throughout this time. We have found the following information and links which we think could prove to be helpful.

Community Energy Plus

Community Energy Plus are still providing advice and help by phone and video calls for Cornish householders on energy related issues and a much broader range of services to help people during the Covid-19 crisis and beyond. This includes help with emergency key meter top-ups.

Call on 0800 954 1956 <https://www.cep.org.uk/>

Volunteer Cornwall shopping and prescription service

<https://www.volunteercornwall.org.uk/16-pages/401-shopping-prescription-collection>

Cornwall Rural Community Charity are offering free telephone support to help you use your device

Cornwall Rural Community Charity are offering free telephone support to help you use your laptop, tablet or smartphone and access online services whilst you are self-isolating at home.

<https://cornwall-link.co.uk/activity/free-it-telephone-support-service>

For example, we can help show you how to:

- use the basic controls of your device
- stay safe online
- surf the web for information and to keep informed
- keep in touch with friends and family using email, messaging services or video
- shop online
- manage your money online
- stay mentally and physically active using digital resources

From Monday to Friday 10:00 to 12:00 and 13:00 to 16:00, and until further notice, we will be available to answer calls and help with IT related questions, problems or issues as best we can.

The numbers to call are **01872 243557** or **01872 243534**.

Citizens Advice Cornwall

During the coronavirus outbreak all our offices are closed for face-to-face advice but you can still access our services.

Text ADVICE to 78866 or for debt issues **text DEBT** to 78866. We'll call you back within 48 hours (excluding weekends).

Call us on 03444-111444 Mondays to Fridays from 10am to 4pm.

You can find the latest up-to-date information on a wide range of subjects such as debt, benefits, income, housing, rent and employment at www.citizensadvice.org.uk
<https://www.citizensadvicecornwall.org.uk/>

MacMillan Cancer Advice Service

Our office in The Cove at the Royal Cornwall Hospital is closed during the coronavirus outbreak but our advisers are still working. **Please email** macmillan@citizensadvicecornwall.org.uk
...or call 01872-672090. Callers will be asked to leave a message, and can expect a call back within 24 hours (excluding weekends)

Samaritans

Contact details: Telephone: 116 123 (24 hours a day, free to call)

Website: www.samaritans.org

Daily reflections from Reverend Steven Wild

Reverend Steven Wild, Chair of Cornwall and Isles of Scilly Methodist District (and our Chair at Transformation Cornwall) is posting his fantastic daily reflections on his you tube channel. The reflections offer words of encouragement during the coronavirus pandemic and we're finding them absolutely fabulous and they have had some great feedback from people near and far . We're sharing them daily on our Transformation Cornwall facebook https://www.youtube.com/channel/UCq_ivyNNSI-FULPqJnRz4A

Donna Birrell schedule on Radio Cornwall changes

The wonderful Donna Birrell who looks at various faiths and ethics issues across Cornwall and beyond on Radio Cornwall is moving to a later edition of her show – from the 28th March 2020 Donna's show will be on at 2:00-6:00 pm on Saturdays and Sundays as Donna launches with her WAFs (Weekend Afternoon Family).

Newsletters

Voluntary and Community Sector Covid 19 Update (Cornwall Council and Cornwall Voluntary Sector Forum)

<https://mailchi.mp/a152d99bd632/voluntary-and-community-sector-covid-19-update-22-may-2020?e=6554409867>

Churches together in Cornwall Weekly Newsletter 27th May

<https://mailchi.mp/f2fa8d612f0a/this-weeks-ctc-weekly-news-12441245?e=26d1844ae7>

A prayer of thanksgiving from Faith-in-Foodbanks

https://www.baptist.org.uk/Groups/238864/Faith_in_Foodbanks.aspx Resources for Churches:

Generous and righteous God,
We thank you for food
Which satisfies our needs and sustains our bodies

Reminding us that you are the source
and provider of all things.

We thank you for taste and texture, sweet and savoury
Through which food brings us pleasure and fulfilment
Reminding us of the richness of your goodness and grace
We thank you for hospitality
Where shared food and warm conversation
Reminds us of the generous welcome that is ours in you
We thank you and pray that in sharing our bread
Through the work and ministry of this foodbank
Or by simply responding to the needs we encounter
We might help others see more of you.

AMEN