

Update on Cornish Foodbanks. 26th June 2020

Cornish foodbanks remain open and crucially need our support.

Foodbanks across Cornwall need supplies of all tinned, dried or long-life food items - with a typical food parcel including: Breakfast cereal, long-life milk, soup, pasta, rice, pasta sauce, tinned beans, tinned meat, tinned vegetables, tinned fruit, tinned puddings, tea or coffee, sugar, biscuits and snacks. Many of the foodbanks also collect: Baby food, baby milk, disposable nappies, washing up liquid, Washing Powder, soap, Dry Dog Food, canned Dog Food and canned Cat Food.

The way each Cornish foodbank runs is very unique, depending on volunteers, the building they operate, their capacity, their community and their opening times. If you would like to donate and support your local foodbank, we have included links to some of the foodbanks below, we have purposely included references to their Facebook pages where possible. If you could help your foodbank by looking at their Facebook posts before contacting them, that would be super helpful as these often have the most up to date answers to many queries. Facebook posts often also have details of any financial donation appeals individual foodbanks are running, or for some foodbanks with websites, there is often a direct link to donate money to them.

PLEASE NOTE: The mission of Foodbanks is to give out food parcels to people in need. Customers can access foodbanks with a food voucher. Many of the Foodbanks are now operating an e-voucher system but please check how your local Foodbank is operating.

There are many wonderful community food projects that people without Foodbank vouchers can access and, in many cases, this may be more appropriate.

We try and make sure that this list is correct at the day of publishing, we will be updating some info from individual foodbanks as it comes in, but PLEASE **always get the latest information from that foodbank directly**. Our list is not exhaustive, there are other foodbanks in local communities across Cornwall and we would urge you to support any foodbank that you know of that is local to you.

Where available we have listed details for the foodbanks:

1. Opening times / address / procedure for customers.
2. Opening times / address for donations to be dropped off to them.
3. And local donation points (supermarket collection boxes) that are operating.

Bodmin Foodbank. Bodmin Foodbank is a 'satellite' Foodbank of the Foodbank in Wadebridge (run by the same people). So please do check the Wadebridge Foodbank Facebook page for updates:

www.facebook.com/WadebridgeFoodbankStoreHouse

On 4th June we heard from the great team there that the below information was correct:

Opening times / address / procedure for customers.

Our Foodbank in Bodmin is now closed to the general public. We will be delivering foodboxes, instead of people coming to us to collect them. Wadebridge Foodbank is running a delivery service twice a week in this area - usually between 1pm-3pm on a Monday and Wednesday.

Vouchers will now be issued electronically from your referrer straight to the foodbank. Make sure you give them your telephone number so we can arrange delivery! We will then contact you to arrange a safe delivery, leaving your parcel outside your home. We are unable to bring it inside for you, sorry! Foodbox deliveries will be twice a week (please bear in mind this is dependent on volunteers who are able to help with this).

If you wish to make a food donation, please leave this in one of our supermarket collection boxes [listed in Wadebridge Foodbank and Storehouse or there will be a trolley outside our Wadebridge hub. If you need access to the Foodbank to deliver a large donation, please telephone first.

Opening times / address for donations to be dropped off to you:

There will be a trolley outside our Wadebridge hub - Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge, PL27 7AR. If you need access to the Foodbank to deliver a large donation, please telephone first.

Local supermarket donation points:

If you wish to make a food donation, please leave this in one of our Wadebridge supermarket collection boxes Bodmin Foodbank shares the donation collection boxes in supermarkets with the Wadebridge Foodbank (please see supermarket list under Wadebridge Foodbank for where they are).

Other:

If you are a referral agency: please email wadebridgefoodbank@gmail.com and we can set you up on the e-referral system.

If you would like to volunteer: please call our Wadebridge office, (see details below).

Our current office hours at Wadebridge Foodbank are: Mon-Thurs 10am-1pm:

01208 815374 www.wadebridgefoodbank.org

Financial Donations: If you would like to donate money to the food bank at this time, you can do so at:

www.wadebridgefoodbank.org/give-help/donate-money

Bude Foodbank: www.facebook.com/FoodBankBude

Posted on their Facebook on 17th March: As from today, Bude Foodbank will be used as a warehouse to distribute food items. If you are eligible for our services: 1) Phone for Appointment on 01288 488748 and leave a message if unanswered and we'll get back to you or email us at info@budefoodbank.org.uk 2) We will then deliver food to your home (subject to food availability and eligibility).

Bude Foodbank also have a website: <https://www.budefoodbank.org.uk/>

Opening times / address for customers:

If you are eligible for our services: 1) Phone for Appointment on 01288 488748 and leave a message if unanswered and we'll get back to you or email us at info@budefoodbank.org.uk 2) We will then deliver food to your home (subject to food availability and eligibility).

Opening times / address for donations to be dropped off to you:

Unfortunately, we are not accepting donations of food at the moment. If you'd like to donate money, please do so at <https://www.budefoodbank.org.uk/donate/>

Facebook: The great team at Bude Foodbank have some great videos on their Facebook page, keeping people updated with how they work, how to donate and giving thanks to the community for their donations:

<https://www.facebook.com/FoodBankBude/>

Financial Donations: If you'd like to donate money, please do so at <https://www.budefoodbank.org.uk/donate/>

Callington Foodbank <https://www.facebook.com/groups/351900558197014/>

Callington Foodbank also has a website: <https://callington.foodbank.org.uk/>

We heard from the great team at Callington on 12th June that the below was correct.

About us:

Callington foodbank is a project founded by local churches and community groups, working together towards stopping hunger in our local area.

Opening times/address/procedure for customers:

Mon, Wed and Fri 2pm-4pm, clients are being served pre-packed parcels at the door.

Opening times / address for donations to be dropped off to you

We can receive donations when the foodbank is open

Local supermarket donation points:

- Tesco, Tavistock Road, Callington, PL17 7RD

Phone us 07931011459 **Email us** callingtonfoodbank@gmail.com

ADDRESS 1 Launceston Road, Callington, Cornwall, PL17 7BS

Financial donations: Our foodbank is run by local people for local people – we rely on the community's support to ensure we can continue to stop people going hungry. Can you invest in the future of our project and help us provide much-needed support to people in crisis in our community?:

www.callington.foodbank.org.uk/give-help/donate-money

Camelford Foodbank is also a 'satellite' Foodbank of the Foodbank in Wadebridge (run by the same people). So again, please check Wadebridge Foodbank Facebook for updates

www.facebook.com/WadebridgeFoodbankStoreHouse

We heard from the great team there on 25th June that the below was correct:

Opening times / address / procedure for customers.

Our Foodbank in Camelford is now closed to the general public. We will be delivering foodboxes, instead of people coming to us to collect them. Deliveries in Camelford are weekly on a Wednesday.

Vouchers will now be issued electronically from your referrer straight to the foodbank. Make sure you give them your telephone number so we can arrange delivery! We will then contact you to arrange a safe delivery, leaving your parcel outside your home. We are unable to bring it inside for you, sorry! Foodbox deliveries will be once a week (please bear in mind this is dependent on volunteers who are able to help with this).

Opening times / address for donations to be dropped off to you:

There will be a trolley outside our Wadebridge hub - Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge, PL27 7AR. If you need access to the Foodbank to deliver a large donation, please telephone first.

Local supermarket donation points

If you wish to make a food donation, please leave this in one of our Wadebridge supermarket collection boxes. Camelford donation collection boxes in supermarkets are shared with the Wadebridge Foodbank (please see list under Wadebridge Foodbank for where they are).

Other:

If you are a referral agency: please email wadebridgefoodbank@gmail.com and we can set you up on the e-referral system.

If you would like to volunteer: Please call our Wadebridge office, (see details below).

Our current office hours at Wadebridge Foodbank are: Monday-Thursday 10am-1pm - 01208 815374

www.wadebridgefoodbank.org

Financial donations: If you would like to donate money to the food bank at this time, you can do so at: www.wadebridgefoodbank.org/give-help/donate-money

Churches Together in Penzance Area (CTIPA) Foodbank:

Our official title is Churches Together in Penzance Area Food Bank & we serve customers in the west of Cornwall from Crowlas to Land's End. www.churchestogetherinpenzance.co.uk

We heard from the team at CTIPA on the 25th June:

We are now running low on various regular items. Those we need in particular are: tinned tomatoes, tinned veg, meat meals, children's tinned meals eg hotdogs, ravioli & macaroni cheese & tinned fruit, we do have enough porridge/cereal, all types of beans, soup, pasta and sanitary items.

We are trying not to have clients come to us & are delivering to each client's home by using volunteer drivers. Deliveries are made on most weekdays to reduce the work on Thursdays.

Opening times / address / procedure for customers:

We are not serving clients at the store as we are doing deliveries. Customers need a voucher from one of many agencies to receive food and our remit is for them to be in financial crisis. Most agencies where vouchers are supplied are closed, with staff working from home, so clients need to contact them & the agency worker informs us by email to whom they have approved vouchers. If they cannot raise the agency staff, they can phone our emergency number (below) for assistance.

Opening times / address for donations to be dropped off to you:

Open for receiving food donations Tuesdays 9 – 11am at The Store, Treweath Road, Treneere Estate, Penzance, TR18 3PZ.

Local supermarket/shop donation points:

- Morrison's Eastern Way Long Rock, Penzance TR18 3RF
- Sainsbury's Eastern Green, Penzance TR18 3AP
- Tesco at Eastern Green Branwell Lane, Penzance, TR18 3DU
- Thornes Fruiters at Long Rock
- Thornes Fruiters at 66 Causewayhead, Penzance TR18 2SR
- Coop Stores at Western Promenade Road, Penzance TR18 4NP
- Coop in Market 114-117 Market Jew Street, Penzance TR18 2LD
- Goldsithney Village Stores, Fore Street Goldsithney, Penzance TR20 9HA
- We also have donation boxes at local shops in St Just, Pendeen & St Buryan.

We do have a CTIPA food bank emergency phone number 07950 159841 (available 9am -5pm Mon-Fri)

Financial donations: CTIPA also have a donation page on the main Churches Together in Penzance Area website:

<https://www.churchestogetherinpenzance.co.uk/donationsgiftaid.htm>

CPR Foodbank (Camborne, Pool, Redruth) www.facebook.com/TransformationCPR

CPR Foodbank is run by the fantastic team at Transformation CPR. We heard from the team on the 25th June that the below was correct. They have asked us to highlight: 'Will all referral agents please note that in extreme cases we are removing the qualification criteria'.

'The Foodbank is continuing to run through the Covid-19 pandemic. We have had to change much of the way we operate, putting our clients and their support staff first. Food donations in supermarket baskets have fallen dramatically so we have had to look at other ways of providing food, and using financial donations to buy stock. We have also been given fresh food from many different organisations and, where events have been cancelled, we are often offered pre-purchased items. The financial help is actually mind blowing! With many people using bank transfer to avoid extra journeys or handling money. We are continuing to adapt and change as necessary and we will continue to do so as the situation changes, but we can only do this because of your amazing support! Your constant support allows us to have the confidence to look to the future, so we can prepare ahead rather than just fire fight as things change. To move to a God given new future showing his love to our community. Thanks for your wonderful help and support. On behalf of the Food Bank team, Don'

Opening times / address for customers:

St Andrews Church Albany Rd Redruth: Mon 10.30-12

Centenary Methodist Church Camborne: Tues 1.30-3.30; Weds 5.30-6.30; Thurs 10-12; Fri 10-12

Opening times / address for donations to be dropped off to you:

Food donations can be left when we are open at the above times/places.

Also, Central Warehouse, Pool Industrial Estate, Wilson Way, Redruth TR15 3RX between 9-3 Monday to Thursday. This is situated behind Bombadingas (Children's soft play).

Local supermarket donation points

- Tesco Redruth Tolgus Hill, Redruth TR15 1AX
- Tesco Camborne Wesley St, Camborne TR14 8DT
- Tesco Pool
- Morrisons Pool, Pool, Redruth TR15 3NH

Other info:

We are operating our normal voucher system. Extra e-voucher system via isolated agents by jen.manderley@gmail.com Home delivery to isolated customers by contacting 01209 714592.

Financial donations: You can donate directly to Transformation CPR: www.transformationcpr.org/donate

Falmouth Salvation Army Church and Community Centre Foodbank

<https://www.facebook.com/FalmouthSalvationArmyChurch>

The great team at Falmouth Salvation Army Church and Community Centre Foodbank keep us regularly updated: Our Food Bank is open for people needing emergency food provisions, 11am to 1pm, Tuesday to Friday at the Falmouth Salvation Army Church And Community Centre Brook Street, Falmouth, TR11 3RJ. Email: falmouthchurch@salvationarmy.org.uk Non-perishable food donations are very welcome.

Opening times / address / procedure for customers.

Falmouth Salvation Army Church and Community Centre Foodbanks is open to customers Tuesday to Friday, 11am to 1pm at the Falmouth Salvation Army Church and Community Centre Brook Street, Falmouth, TR11 3RJ.

Opening times / address for donations to be dropped off to the Foodbank.

You can drop any donations into the Foodbank when the team are open as above.

Other info: Falmouth Salvation Army Church and Community Centre do some great facebook posts with details of their current work, prayer requests, introductions to some of their church members and an invitation to their popular Sunday service.

Financial donations: You can donate online to support the work of Falmouth Salvation Army Church and Community Centre Foodbank: <https://www.justgiving.com/fundraising/Falmouth-Salvation-Army>

Hayle Foodbank <https://www.facebook.com/Hayle-Foodbank-506805902676744/>

Hayle Foodbank was set up in 2012 by volunteers: members of Churches Together and the Labour Party. The foodbank relies on support from the local community through donations of food items, financial gifts and volunteer time. All the supplies in the foodbank store are either donated by the local community: churches, supermarket collections, schools, individuals, and businesses, or purchased using cash donations.

The foodbank also benefits from support from Helston Foodbank. A network of local agencies refer people in crisis to the foodbank, where they will find a non-judgmental environment and be offered an emergency donation of food. People referred receive a voucher entitling them to 3 x 1-week supply of food.

We heard from the lovely team at Hayle on 25th June that the below was correct:

Just a note to update everyone on referrals during the current crisis:

- 1) Referrals can be made by email to haylefoodbank@yahoo.co.uk
- 2) A referral gives you 3 weeks which can be used at any time
- 3) Referrals are made by GPs, health visitors, family support workers, social workers, Head Teachers, CAB, Early Help Hub and other equivalent professions. We want to reach those who need us so please email if you are worried about someone.
- 4) If you do not have any family support but have a Universal Credit letter as a new claimant, we will accept a copy(photo) of your letter by email as a referral.
- 5) Once you have a referral you will need to email when you want a delivery. The email needs to be with us by 1pm on Friday. You get three weeks with a referral but they do not have to be consecutive so you must let us know each week that you want a delivery.

- 6) You can usually have 6 deliveries a year but we will extend this in exceptional circumstances.
7) When we make a delivery, we will knock on the door and step away. Please do not approach the person delivering.
8) We are all volunteers doing our best, please understand if we make a mistake and please be polite.'

Opening times / address for customers:

See above. Hayle Foodbank is now a delivery only service whilst lockdown is in place. We have also moved to referral by email.

The person referring you just needs to email haylefoodbank@yahoo.co.uk. If you already have a referral and have some weeks left on your voucher you can just email us yourself. Please include your name, address and contact number. We will also now accept a Universal Credit letter as a referral

Opening times / address for donations to be dropped off to the Foodbank.

Donations can be dropped at the foodbank on a Sat morning 9.30 - 10.30. Hayle Methodist Church, Chapel Hill, Hayle TR27 4JU

Local supermarket donation points

- ASDA supermarket Hayle: 1 South Quay, Hayle TR27 4EP

Helston and The Lizard Foodbank: www.facebook.com/Helston-and-Lizard-Foodbank-1710422989188254

Helston and the Lizard Foodbank also have a website where they regularly post updates including a list of their urgently needed items: <https://helstonthelizard.foodbank.org.uk/>

We heard from the great team at Helston and the Lizard on the 22nd June with the below update:

Opening times / address /procedure for customers:

Although you will not be able to come into the Open Door Cafe at the moment, we are still operating our foodbank. Food can be collected upon presentation of a voucher at the foodbank in 14 Wendron Street, Helston, TR13 8PS (opening hours 10am to 2pm Mondays, Wednesdays & Fridays).

Please note we will not be open on any of the Bank Holidays, if you are making a specific journey to collect food please contact us first to confirm we are open.

Please ring the doorbell and wait to be greeted by one of our befrienders. If you wish to post your voucher through the Open Door Cafe post box, then please remember to add your contact telephone number on the back of the voucher so that we can contact you to arrange collection.

If you have a foodbank voucher, but are not able to travel to the foodbank at this time, please contact us during foodbank opening hours (10am to 2pm Mondays, Wednesdays & Fridays) to request a delivery. Phone: 01326 564194 / Email: info@helstonthelizard.foodbank.org.uk

If you need food and are unable to afford it, and live in the Helston & Lizard area, then we can issue food upon presentation of a foodbank voucher from one of our voucher referral agencies.

Referrals are made by GPs, the Job Centre, Social Workers, Citizens Advice Bureaux, Christians Against Poverty, Church Minsters, Family Hub, Health Visitors, Head Teachers, and other equivalent professions.

Some of these agencies may be closed with staff working from home during the Covid-19 virus situation. However, most will be able to issue foodbank vouchers electronically to help you access foodbank support. Please phone or email the agency most relevant to support you.

If you require further information or assistance please contact us during foodbank opening hours (10am to 2pm Mondays, Wednesdays & Fridays). Phone: 01326 564194 / Email: info@helstonthelizard.foodbank.org.uk

Opening times / address for donations to be dropped off to you

Anybody wishing to make food donations to our foodbank project, please use our collection points at the supermarkets below. We will not be able to accept any food donations at the Open Door Cafe or our warehouse.

Local supermarket donation points

- Helston Tesco, Clodgey Ln, Helston TR13 8PJ
- Helston Sainsbury's. Clodgey Lane, Helston TR13 8BN

If you wish to make a food donation but not able to travel at this time, then please contact us during foodbank opening hours (10am to 2pm Mondays, Wednesdays & Fridays). Phone: 01326 564194 / Email: info@helstonthelizard.foodbank.org.uk

Helston and the Lizard also have a website www.helstonthelizard.foodbank.org.uk

Financial donations: You can donate directly to support the work of Helston & The Lizard Foodbank: www.helstonthelizard.foodbank.org.uk/give-help/donate-money

Launceston Foodbank: www.facebook.com/launceston.foodbank.7

Launceston Foodbank also have a website: <https://launceston.foodbank.org.uk/>

We heard from the team at Launceston on the 11th June that the below was correct:

Urgently needed food items are: tinned meat, tinned fruit, tinned vegetables, instant mash potato, sponge puddings, tinned fish.

If you are unable to drop donations to a collection point then please contact us as we are able to collect.

Launceston Foodbank have asked us to promote the below message that they are currently sending to their community:

'All schools and agencies are operating differently due to Coronavirus. If you and your family are struggling due to being self-employed, have been furloughed by your employer, had your work hours reduced or you have been made redundant; then please contact us at Launceston Foodbank to discuss your individual situation 01566 779550 manager@launceston.foodbank.org.uk We are here to help during these uncertain and worrying times.'

Opening times / address for customers:

Mon to Weds 10-1 at Unit 13D Newport Industrial Estate Launceston, Cornwall PL15 8EX **Tel:** 01566 779550

Opening times / address for donations to be dropped off to you:

Donations can be dropped at the foodbank during opening hours or via supermarket donation points

Local supermarket donation points

- Tesco Tavistock Rd, Launceston PL15 9HG
- Co-op Launceston, Newport Industrial Estate, Launceston, PL15 8EX
- Co-op Western Road, Launceston, PL15 7AU
- Co-op town centre, [12-14 Broad Street, Launceston, PL15 8AE](#)

Financial donations: Cheques can be made payable to Launceston foodbank Ltd and sent to, Unit 13D Newport Industrial Estate, Launceston, PL15 8EX. Please contact us by phone or email to donate via a bank transfer or standing order. www.launceston.foodbank.org.uk/give-help/donate-money

Liskeard and Looe Foodbank: www.facebook.com/Liskeard-Looe-Foodbank-457428347704826

Liskeard and Looe Foodbank have a website where they regularly post a list of their most needed items: <https://liskeardlooe.foodbank.org.uk/> The team let us know on the 18th June that the below was correct:

During the present crisis the foodbank is operating a 'Delivery Only' model where those referred to us will have emergency food aid dropped on their doorstep in the Liskeard, Looe, Torpoint & Rame areas. It is important to ensure that people in the community who have no money to buy food for their families are pointed to agencies that provide help and advice to help them through this tough time. Most agencies we work with are no longer able to provide face to face meetings, however, many are still contactable by phone or email. If you are unsure who to contact, we can provide signposting advice on: 07512 011452 (Mon-Fri 09.00-17.00). Thank you to everyone for their continued support.

The Foodbank will be open for food donations ONLY.

Opening times / address for customers/procedure for customers:

As above. During this current crisis the Foodbank will be delivering all food parcels to the homes of those referred to us. Please contact the agency best placed to help with your crisis and they will either issue an E-voucher code or will contact us for you.

Opening times / address for donations to be dropped off to you

We're encouraging donors to use the Supermarket donation points (below) plus some of our local corner/village shops have donation points or donations can go to the Foodbank each weekday morning which will be open for food donations ONLY – Unit 1, Barras Place, Liskeard, PL14 6AX.

Local supermarket donation points

- Liskeard Co-op Barras Street, Liskeard, PL14 6AD
- Looe Co-op Fore Street, Looe, PL13 1AD
- Torpoint Co-op
- Sainsburys, Antony Road, Torpoint PL11 2JW
- Morrisons, Horningtops, Plymouth Road, Liskeard PL14 3PR

Other info:

The main contact number 07512 011452 is staffed Mon-Fri 09.00-17.00 for all enquiries

Financial donations: You can donate directly to support the work of Liskeard and Looe Foodbank:

<https://liskeardlooe.foodbank.org.uk/give-help/donate-money/>

Newquay Foodbank: www.facebook.com/Newquay-Foodbank-699984567032215

We heard from the great team at Newquay on the 25^h June that the below was all correct:

Newquay Foodbank priority needs on 25th June are: UHT milk/Powdered milk, tinned pulses – kidney beans, lentils etc, tinned meat, tinned spaghetti/macaroni, tinned vegetables, rice pudding and custard.

Newquay Foodbanks posted updated guidance on how to access the foodbank on the 15th June. We've copied that guidance below:

- IFAN (Independent Food Aid Network) of which Newquay is a member:

<https://www.foodaidnetwork.org.uk/our-members>

How to Access a Foodbank Voucher:

1. Go through one of our recognised Agencies these are included at the bottom of the [list] amongst others
2. If you are not in touch with one of these agencies then please call us on **07810 271202**. Here you'll talk to our Foodbank Co-ordinator, Sara who will refer you to a referral Agency or talk you through the next steps to access support. You can also find support from us at:

Email: newquayfoodbank@gmail.com

Facebook: <https://www.facebook.com/Newquay-Foodbank-699984567032215>

- 3 We are moving towards a delivery service to remove risk, therefore once you have a voucher get in touch and you will be asked for the following details:

- Name
- Address
- Phone Number
- Number of adults in the family
- Number of Children in the Family and ages
- Referring agency
- Dietary requirements ie Vegetarian or allergies
- Extras – any pets in the family and toiletries they are short of.

- 4 We will pass these details to the next Session lead and a box will be sent out.

- 5 If you are desperate and need food straight away, we can give one box on self referral basis and then from there you would be referred to an agency. You can do this by coming to a session or contacting us on the details above for a delivery.

- Tuesday – 1000 – 1200 – Session – St Columba Church, St Columb Minor, TR7 3EY
- Fridays – 1200 – 1400 – Session – St Michaels Church, Newquay, TR7 1RA
- Saturday – 1000 – 1200 – Session – Oasis Centre, St Columb Major, TR9 6RH

Common Referral Agencies: Citizens Advice; Adult Social Care; Health Visitors; Pivotal; Some of the local Churches; Social Prescribers; Cornwall Housing; DISC; We are With You (Used to be known as Addaction); Community Mental Health Team; Probation Service; Disability Cornwall; Early Help Team.

Opening times / address for customers/procedure for customers:

Please see above for guidance on how to access the foodbank

The foodbank operates at:

Tuesday 10am – Midday. St Columba's Church, St Columb Minor, Newquay, TR7 3EY

Friday Midday – 2pm. St Michael the Archangel Church, St Michael's Road, Newquay, TR7 1RA

Saturday 10am – Midday. The Oasis Centre, 26A Fore Street, St Columb Major, TR9 6RH

Opening times / address for donations to be dropped off to you

Preferably at local dropboxes in supermarket donation points but also during foodbank opening hours.

Local supermarket donation points:

- Newquay Morrisons Treloggan Road, Newquay TR7 2GZ
- Newquay Sainsburys The Whim, Alma Place, Newquay TR7 1NF
- Newquay Asda, Oakleigh Terrace, Newquay TR7 1RN
- Newquay Aldi Cliff Road, Newquay TR7 1SW
- Perranporth Co-Op Station Road, Perranporth, TR6 0DD

Other: If you would like any further information whether that be to request support or offer it, please contact us on 07810271202.

If you're wanting to help the Newquay Foodbank, we also have an emergency volunteers page on Facebook called 'NFB emergency volunteers' <https://www.facebook.com/groups/151879509381279/>

Financial donations: You can donate directly to support the work of Newquay Foodbank via the purple donate button on the home page of their website: <http://www.newquayfoodbank.co.uk/>

Penryn and Falmouth Foodbank: www.facebook.com/penrynfalmouthfoodbank

We heard from the Penryn and Falmouth Foodbank on the 25th June that the below was all correct:

The fabulous team at Falmouth and Penryn Foodbank are having a 'Food Drive' at Asda in Penryn between 6th – 12th July 2020. If you could possibly add an extra item to your trolley when shopping at Asda:

As part of the Fight Hunger Create Change partnership, Asda will be hosting a nationwide food drive this July. The Summer Food Drive will be centered around a branded Fight Hunger Create Change (FHCC) trolley at the store entrance/exit where customers can drop off food donations.

Penryn and Falmouth post their weekly foodbank needs on their website: www.penrynfalmouth.foodbank.org.uk On 25th June the following list of items which are most needed: male/female deodorant, shampoo, dog/cat food.

Opening times / address /procedure for customers:

We are open for clients on Mondays between 11am and 1pm and on Thursdays from 2pm until 4pm. We do not deliver at the moment, however there are other community groups who are delivering on our behalf if the need arises, we do not currently have an e-referral system.

Opening times / address for donations to be dropped off to you

You can drop off items directly to us at the Foodbank Highway Community Centre, Church Road, Penryn, TR10 8DA on Mondays between 11am and 1pm and on Thursdays from 2pm until 4pm.

Local supermarket donation points

- Penryn Asda, Jennings Road, Penryn TR10 9LY
- Tesco Metro Falmouth, Killigrew St, Falmouth TR11 3PQ
- Natural Store Falmouth 5 Market Strand, Falmouth TR11 3DB
- Co-op Boslowick Mongleath Avenue, Falmouth TR11 4PN

Other:

Email foodbank@highwaychurch.co.uk

Penryn & Falmouth have recently opened satellites in:

Constantine (Weds) www.facebook.com/constantinechurch

and

Stithians (Fri) www.facebook.com/stithianscentre

Financial donations: We are also in receipt of some very kind monetary donations through our website. Here is the link if you would like to make a donation: <https://penrynfalmouth.foodbank.org.uk/give-help/donate-money/>

St Austell Foodbank: www.facebook.com/foodbankstaustell

We heard from the fabulous team at St Austell foodbank on 26th June that the below was correct:

‘As the coronavirus pandemic unfolds in the UK our main priority is ensuring the safety of everyone who comes to our food bank – whether it’s someone needing help, someone volunteering their time, or someone making a donation. Things are changing quickly, so we’ll keep our website <https://staustell.foodbank.org.uk/> and Facebook page updated regularly with information about what’s happening at St. Austell, Roche and St. Stephen, and how people can access support and help us be there for people in crisis’.

Urgently needed items on the 19th June are: Tinned rice pudding and deodorants (especially for men).

*The team have also asked us to make foodbank clients know that if they that need support with issues including money and housing, their Community Champions can still be contacted on: cc@staustell.foodbank.org.uk.

Opening times / address/procedure for customers

Light and Life Church, Unit 4-5 Brunel Business Park, The Sidings, St Austell PL25 4TJ open on Tuesday and Thursday from 1-3pm.

St Austell Foodbank also operate in: St Stephen (at St Stephen-in-Brannel Parish Church Fore Street PL26 7NN) Wed 11-1 and Roche: Wednesdays and Fridays 12.00 – 2.00 pm (Roche C P School, Fore Street, Roche PL26 8EP) ***Please check website before making a special journey as all are subject to change.* www.staustell.foodbank.org.uk

If you need help from the foodbank the quickest way to reach us is by email: info@staustell.foodbank.org.uk We can then direct you to the most appropriate agency to give you a foodbank voucher.

For those in crisis and in need of a food parcel, the CAB can be called on 0808 2082138 for free (open Monday to Friday, 10am to 4pm).

Alternatively, a trained Citizens Advice agent will confidentially discuss the situation and will, if needed, issue a food bank voucher code. This code can then be given to foodbank volunteers on Tuesdays or Thursdays between 1 - 3pm

Opening times / address for donations to be dropped off to you

Please use our dropboxes in supermarkets (see below) or drop to us direct at Light and Life Church during one of our Tues or Thurs afternoon sessions.

Local supermarket donation points

- Asda St Austell, Cromwell Road, St Austell PL25 4PR
- Tesco St Austell Daniels Lane, St Austell PL25 3HT
- Coop Gover, Moorland Road, Westhill, St Austell, PL25 5BS

Financial Donations: St Austell Foodbank have recently set up an online giving facility at:

<https://secure.nochex.com/charity/default.aspx?cID=2BB3A009B7A4>

St Ives Foodbank www.facebook.com/St-Ives-Food-Bank-111550773720938

St Ives update to their Facebook page with the latest info and on 23rd May posted: ‘We are really grateful for all the food donations. THANK YOU. The amount donated at Tesco’s has declined a little but demand has not. PLEASE if you are able to put one extra thing in that would really help’.

We heard directly from the wonderful team at St Ives on 25th June that the below was correct.

Opening times / address / procedure for customers.

During the COVID period we are NOT open for people to come to the foodbank. We deliver all parcels to people’s home. Please call or text this number 07958 390303 if you require Foodbank during this time. Deliveries on Thursdays, please text us your address and number of people in your household by Wednesday.

Opening times / address for donations to be dropped off to you:

Please text or call this number 07958 390303 for larger donations to be collected as most collection points apart from Tesco are closed to the public. If you text please give us your address and telephone number and a brief description of your donation.

Local supermarket donation points:

- Tesco Carbis Bay St Ives Rd, Carbis Bay, St Ives TR26 2PN

Financial Donations: St Ives Foodbank Facebook posted: 19 March at 13:10 · Hi Folks As you can imagine demand has significantly increased due to self-isolation and job losses. Food donations and availability of fresh fruit and veg, has also decreased incredibly. St Ives Foodbank desperately needs help with food donations and financial donations to meet demand during this pandemic. Financial donations can be made by Online banking to:

Sort code 544116

Account number 46557563

Account name: St Ives Foodbank

Saltash Foodbank: www.facebook.com/Saltash-Foodbank-116182259934721

About us: Saltash foodbank is a project founded by local churches and community groups, working together towards stopping hunger in our local area. website: www.saltash.foodbank.org.uk

Saltash Foodbank posted on their Facebook page on 11th June:

'Due to Covic-19 the Saltash Foodbank is delivering food to people that have been referred to us, to be in need, on Monday, Wednesday and Friday evenings.

An additional number for Citizens Advice Referral is 0808 208 2138. Please call them if you would like to be referred to a foodbank, are not in a position to be able to contact a local support agency and are unable to afford food. This line is open between 9am - 5pm, Monday to Fridays.

To protect our volunteers, please do not come to our centre to collect or donate food. Our main food collection points are at the Co-op, Waitrose, Lidl and Food Warehouse.

Thank you for your continued support. Stay safe.'

Are you in food need?

Do you know someone who is in food need?

If you are in financial crisis call us or asked to be referred to the foodbank by one of our referral agencies:

Citizens Advice (03444 444 111)

Job Centre Plus

Schools

Health Professionals

Housing Officer

If you are self-isolating and unable to shop, or collect prescription, or need help with dog walking, or just need someone to talk to then contact:

- *Cepl12 Community Enterprises on 07956 814 598 or 07709 235 927 or*
- *Volunteer Cornwall on 01872 266988*

If you are shielding and do not know if you qualify for a free food parcel from the government visit

<https://www.gov.uk/find-coronavirus-support> or call 0800 028 8327

Saltash Foodbank: 0800 328 2124 (free)

Due to the corona virus and the need to keep social distancing, Saltash Foodbank's Drop In Centre is closed to clients. Help is still available to those in financial need and food parcels will be delivered by volunteers.

We heard from the wonderful team at Saltash on the 21st May that the below was correct:

Opening times / address / procedure for customers

See above. Saltash Foodbank are now operating a DELIVERY ONLY service. If you need help from the foodbank the quickest way to reach us is by freephone 0800 328 2124.

Opening times / address for donations to be dropped off to you

Please call freephone 0800 328 2124 if you wish to make a food donation and cannot take it to one of the locations below.

Local supermarket donation points:

- Waitrose, Tamar View, Saltash, PL12 6LD
- Co-op Food, 51-59 Fore St, Saltash PL12 6AL
- Tesco Superstore, Transit Way, Plymouth PL5 3TW
- Lidl, Gilston Rd, Saltash PL12 6TW

Financial Donations: Monetary donations can be made at: www.saltash.foodbank.org.uk/give-help/donate-money

Truro Foodbank: www.facebook.com/Truro.Foodbank.Cornwall

Truro Foodbank also have a website where they regularly post updates including a list of their urgently needed items: <https://truro.foodbank.org.uk/> High priority items on 25th June are: shampoo, body wash, laundry washing powder or liquid.

We heard from the team at Truro Foodbank on 25th June that the below is correct:

Opening times / address / procedure for customers

"The advice to someone in food crisis in the Truro area is to phone or email a referral agency if you need a foodbank voucher. If you have a health concern and food is part of that assessment then both Three Spires and Lander practices can provide a foodbank voucher; if you want advice about benefits then the Citizens Advice Bureau can also create a voucher (ring 0808 2082138 for free Monday to Friday, 10am to 4pm or text ADVICE to 78866 for an adviser to call you).

Most schools in the Truro area know how to raise a foodbank voucher as do other agencies such as Wearewithyou or NewStart. Vouchers can be created by email so whichever agency a customer needs for help should know how to create a voucher or email us.

Once a customer has a voucher if they are mobile and can safely come to us to collect the food. If they are self-isolating it is fine for a friend, relative, neighbour or local community help group to come to us during those times to pick up the food. If a customer still does not have any support in that way then they can contact Volunteer Cornwall on 01872 265305 to see if one of their volunteers can collect the food."

FOOD DISTRIBUTION is at All Saints Church, Highertown, TR1 3LD Mon 3-5pm, Tues 10-12.00 and Thurs 10-12.30

Opening times / address for donations to be dropped off to you:

RECEIVING DONATIONS: at All Saints Church, Highertown, TR1 3LD on Monday, Tuesday and Thursday mornings from 09:00 to 12:00 or supermarket donation points. (listed below).

Local supermarket donation points

- Truro Tesco, Garras Wharf, TR1 2TN
- Truro Sainsbury's, Treyew Road, Truro TR1 3XL
- Truro Waitrose, Tregurra Park, Newquay Rd, Truro TR1 1RH
- Truro Co-op 26 Boscawen Street, Truro, TR1 2QQ

Financial Donations: You can donate directly to support the work of Truro Foodbank:

www.truro.foodbank.org.uk/give-help/donate-money

Wadebridge Foodbank and Storehouse: www.facebook.com/WadebridgeFoodbankStoreHouse

Wadebridge Foodbank also have a website where they regularly post updates including a list of their urgently needed items: <https://www.wadebridgefoodbank.org/>

On the 25th June, urgently needed items were tinned potatoes, tinned custard, tinned rice pudding, household cleaning products (no bleach please), toiletries (soap, deodorant, shampoo).

We heard from the great team at Wadebridge on 25th June that the below was all correct:

All of our Foodbank centres and drop-ins are now closed to the general public. We will be delivering foodboxes (in Wadebridge deliveries will be on a Wednesday), instead of people coming to us to collect them.

Vouchers will now be issued electronically from your referrer straight to the foodbank. Make sure you give them your telephone number so we can arrange delivery! We will then contact you to arrange a safe delivery, leaving your parcel outside your home. We are unable to bring it inside for you, sorry!

All sites, including our main Wadebridge hub, will not be open to the public. If you wish to make a food donation, please leave this in one of our supermarket collection boxes, or there will be a trolley outside our Wadebridge hub. If you need access to the Foodbank to deliver a large donation, please telephone 01208 815374 first.

Opening times / address / procedure for customers:

All of our Foodbank centres and drop-ins are now closed to the general public. We will be delivering foodboxes, instead of people coming to us to collect them. Vouchers will now be issued electronically from your referrer straight

to the foodbank. Make sure you give them your telephone number so we can arrange delivery!

Opening times / address for donations to be dropped off to you:

If you wish to make a food donation, please leave this in one of our supermarket collection boxes (list below), or there will be a trolley outside our Wadebridge hub Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge, PL27 7AR. If you need access to the Foodbank to deliver a large donation, please telephone 01208 815374 first.

Local supermarket donation points

- Wadebridge Co-op, Jubilee Road, Wadebridge PL27 7DA
- Wadebridge Tesco, West Hill, Wadebridge PL27 7HW
- Wadebridge Lidl, Eddystone Road, Wadebridge PL27 7AL
- Bodmin Asda Launceston Road, Bodmin PL31 2AR
- Bodmin Sainsbury's Dennison Rd, Bodmin PL31 2SS
- Bodmin Lidl, Priory Road, Bodmin, PL31 2AA
- Padstow Tesco, Sarah's Lane, Padstow PL28 8EL

Other info:

If you are a referral agency: please email wadebridgefoodbank@gmail.com and we can set you up on the e-referral system.

Our current office hours are; Monday-Thursday 10am-1pm - 01208 815374 www.wadebridgefoodbank.org

If you would like to volunteer, please call our Wadebridge office, between Mon-Thurs 10am-1pm - 01208 815374

Financial Donations: If you wish to make a monetary donation, please do so via:

www.wadebridgefoodbank.org/give-help/donate-money